

# CLOTHING, EQUIPMENT AND RESOURCE LIST- M/V CATALYST

## This list will help you prepare

for temperatures which may range from a low in the upper 30's at night to a possible high of 70 degrees on sunny days. Several things on the list will also prepare you for rain.

While we would love to have sunshine the whole trip, you should be ready for a variety of conditions. If you're dressed appropriately, the weather is always perfect.

**Layered clothing** works best in the changing weather conditions typical of the Pacific Northwest Coast and SE Alaska. It's easier to pack and more versatile than a single heavy coat. No down or ski clothes (don't dry well).

**Good rain gear is essential:** it will enable you to remain comfortable in the wind or rain.

**You may bring your own high rubber boots\*\* if you want for wading/hiking and use in the kayaks/ small boats (you will wear these everywhere we go/hike), but most people use ours. We have a selection of common sizes on board. Bring insoles for comfort. Highly recommend bringing kayak/water booties/socks**

We don't have room for large hard suit cases so please pack in duffel bags or soft cases (w/wheels okay). We do not have laundry facilities for guests but you can hand wash and dry items in engine room if necessary.

Please don't hesitate to contact us if you have any questions, special needs, or concerns. You can reach us at: (800) 378 1708 or 360 378 7123.

## Clothing and Personal Gear

- ⇒ Long and short sleeved shirts
- ⇒ Long underwear
- ⇒ Long pants (2) Shorts (?)
- ⇒ Undergarments
- ⇒ Warm jacket (wool, thinsulite, polypropylene, etc.)no down
- ⇒ Wool or fleece sweater
- ⇒ Rain jacket with hat or hood
- ⇒ Rain pants
- ⇒ Warm socks
- ⇒ Gloves or mittens (quick drying)/ and warm hat
- ⇒ Light athletic shoes/slipones or "cros" for on boat
- ⇒ Rubber boots\*\* we provide
- ⇒ Inexpensive kayak booties or water sandals for kayaking . These are more comfortable than boots/shoes and can get wet.. (highly recommend)
- ⇒ Personal toiletries including soap and shampoo\*\*\*
- ⇒ Sun block and insect repellent
- ⇒ Personal medication
- ⇒ Sunglasses
- ⇒ Swimsuit ?(a few brave souls)
- ⇒ Light weight comfortable shoes for hiking the airport or trails.

## Miscellaneous Items suggested

- ⇒ Day pack
- ⇒ Flashlight or headlamp
- ⇒ Spare batteries
- ⇒ Reading matter (have library)
- ⇒ Own Binoculars or spotting scope – we have binoculars for your use
- ⇒ Field guides -we have a library
- ⇒ Camera and film (lots) or digital camera (we will download pictures and put on CD to share)
- ⇒ Trip diary or note paper
- ⇒ Nautical charts for noting route and other information-if so inclined. We have charts.
- ⇒ Water bottle
- ⇒ Personal kayak gear if you want, but not needed.

**\*\*you don't have to bring your own boots. You may borrow a pair. we have most sizes on board for your convenience. Most guests do! But do bring insoles if you have them.**

**\*\*\*We supply towels, bedding and such, as well as wine and beer.**

## A NOTE ABOUT TIPS:

*Wishing to express their appreciation passengers often inquire about tipping. All tips are given at the total discretion of the guests, and are neither mandatory nor expected. (Although the crew sure enjoys receiving them!) We are aware that in many countries tipping is not a standard policy, but for those who wish to tip, the current standards suggest 5 to 15% of the cost of the trip. Tips are given discreetly to the captain **IN CASH** in the envelope provided, and are divided equally amongst all the crew. If you prefer to use a personal check, please write one to each crew member and give it to the captain to distribute. We cannot accept credit cards.*

*Crew consists of four: the captain, engineer, cook and naturalist/kayak guide.*

**Cell phones work in some areas while in SE Alaska, as well as in the main towns, but don't count on them to work all the time. We do not have internet service. We have regular 110 electrical outlets on the boat and in each cabin, so you can plug battery chargers, computers, C-pacs, etc. in them. We suggest that you don't bring hair dryers, as you will be limited in your use of them. We don't run our generator at night to maintain silence. Electricity is still available at night, but we're on batteries at that time.**

## **SUGGESTED READING**

(WE HAVE AN EXCELLENT LIBRARY ON BOARD!!)

### **General Natural History**

#### **The Nature of Southeast Alaska**

By O'Clair, Armstrong, & Carstensen (1992)

#### **The Nature of Alaska**

by Waterford Press

#### **Geology of Southeast Alaska:**

##### **Rock and Ice in Motion**

by Harold H. Stowell

##### **The Tlingit: An Introduction to Their Culture and History**

By Wallace M. Olson

##### **Alaska's History: The People, Land and Events of the North County**

by Harry Ritter

##### **Travels in Alaska**

By John Muir

##### **Alaska's Inside Passage Wildlife Viewing Guide**

By the Alaska Dept. of Fish and Game

### **Birding**

#### **Seabirds - An Identification**

Guide Harrison, P. (1983)

#### **Guide to the Birds of Alaska**

By Robert H. Armstrong

#### **Sibley Field Guide to Birds of**

Western North America

### **Botany and Plant Life**

#### **Plants of the Pacific Northwest**

Coast, by Pojar and MacKinnon (1994)

#### **Plants and Animals of the**

**Pacific Northwest**

By Eugene N. Kozloff

#### **Discovering Wild Plants**

By Janice J. Schofield

### **Mammals**

#### **Mammals of the Northwest,**

By Larrison (1976)

### **Marine life**

#### **Whelks to Whales:**

##### **A field guide**

By Rick M. Harbo

#### **The Beachcombers Guide to**

**Seashore Life in the Pacific Northwest**

By J. Duane Sept

#### **Beachwalker Sealife of the West Coast**

By Stefani Hewlett Paine

### **British Columbia**

#### **British Columbia, A Natural**

**History**

By Sydney Cannings

#### **The Coastal Companion: A Guide for the Alaska Bound**

**Traveler**

By Joe Upton

#### **Klee Wyck**

By Emily Carr

#### **Alaska/Canada's Inside Passage**

**Cruise Tour Guide (map)**

#### **The Great Bear Rainforest:**

**Canada's Forgotten Coast**

By Ian and Karen McAllister

#### **The Rainforest Chronicles**

(series of books)

### **San Juan Islands**

#### **San Juan: the Powder-Keg**

**Island**

By Jo Bailey-Cummings and Al Cumings

#### **Rainshadow World: A**

**Naturalist's Year in the San Juan Islands**

By Susan Vernon

#### **Birds of the Puget Sound Region**

By Bob Morse, et al

#### **Wild Plants of the San Juan**

**Islands**

By Scott Atkinson and Fred

Sharpe

## **RELATED WEB SITES**

- ⇒ [www.pacificcatalyst.com](http://www.pacificcatalyst.com): Pacific Catalyst II, Inc.
- ⇒ [www.alaskaair.com](http://www.alaskaair.com): Alaska Airlines
- ⇒ [www.flypacificairways.com](http://www.flypacificairways.com): Charter plane for flights to Prince of Wales Island.
- ⇒ [www.wardair.com](http://www.wardair.com) or [www.wingsofalaska.com](http://www.wingsofalaska.com): Flights to Elfin or Bartlett Cove: Glacier Bay/ Gustavus, other small towns
- ⇒ [www.petersburg.org](http://www.petersburg.org): Lodging and activities in Petersburg, Alaska

- ⇒ [www.traveljuneau.com](http://www.traveljuneau.com) : Hotels, Hiking Trails and travel planning for Juneau, Alaska
- ⇒ [www.travelalaska.com](http://www.travelalaska.com): Alaska Travel Planning
- ⇒ [www.campdenali.com](http://www.campdenali.com): Camp Denali and North West Lodge
- ⇒ [www.seacc.org](http://www.seacc.org) : SE Alaska Conservation Council – Organization protecting fish and wildlife habitat and reduce clear cutting in the Tongass National Forest.
- ⇒ [www.tongass.com](http://www.tongass.com): Tongass Clearinghouse: Dedicated to the Celebration and Preservation of the Tongass National Forest.
- ⇒ [www.adfg.state.ak.us](http://www.adfg.state.ak.us): Alaska Department of Fish and Game
- ⇒ [www.climate.gi.alaska.edu](http://www.climate.gi.alaska.edu): Alaska weather information
- ⇒ [www.noriotamatsumoto.com](http://www.noriotamatsumoto.com): Alaskan Photographer Norio Matsumoto

## **SAN JUAN ISLANDS**

- ⇒ [www.whale-museum.org](http://www.whale-museum.org)
- ⇒ [www.friday-harbor.net](http://www.friday-harbor.net)
- ⇒ [www.visitsanjuans.com](http://www.visitsanjuans.com)

## **FISHING RULES AND LICENSES**

- ⇒ In Alaska:  
<http://www.admin.adfg.state.ak.us/license/>
- ⇒ In British Columbia:  
[http://www.pac.dfo-mpo.gc.ca/recfish/Licensing/online\\_e.htm](http://www.pac.dfo-mpo.gc.ca/recfish/Licensing/online_e.htm)
- ⇒ In Washington:  
<http://fishhunt.dfw.wa>